

# The HERITAGE

A tradition of serving  
Friends and Family  
for generations

Breakfast and Lunch Menus  
Also Available

## DINNER MENU

### START WITH AN APPETIZER

**CHICKEN TENDERS** . . . \$ 5.99 Served with honey mustard or bbq sauce

**TORTILLA TRIANGLES** . . . \$ 4.29 Tortilla grilled and filled with our own salsa and cheddar cheese

**FRIED MOZZARELLA** . . . \$ 4.99 deep fried and served with marinara sauce.

**SHRIMP BASKET** . . . \$ 7.99

Seven breaded butterflied shrimp served with fries and cocktail sauce.

**ONION RINGS** . . . \$ 4.59

¾ lb. of breaded onions, deep fried. Served with onion dill dip or texas petal sauce.

**JALAPENO CHEESE FRIES.** . . \$ 4.59

large bowl of fries with side of cheddar cheese sauce loaded with hot pepper slices.

**MOZZARELLA STUFFED CHICKEN** . . . \$ 5.99

breaded and deep fried, served in a garlic marinara sauce.

**SAMPLER TRIO** . . . \$ 9.99 FOUR OF EACH BELOW

*CHICKEN TENDERS, MOZZARELLA STICKS AND BREADED SHRIMP.*

*Most dinners come complete with one side, soup, salad and bread bar.*

## **BROILED SEAFOOD**

**Stuffed Flounder** WITH CRAB IMPERIAL . . . \$ 13.99

**Bacon Wrapped Scallops** . . . Market Price

Eight scallops wrapped in bacon and baked to a golden crisp.

**Baked Stuffed Shrimp (5)** with crab imperial . . . \$ 13.99

**Salmon** . . . \$ 14.99

**Shrimp(8)** . . . \$ 13.99

**Scallops** . . . Market Price

**Flounder** . . . \$ 13.99

**Tilapia** . . . \$ 12.99

**Cod** . . . \$ 12.99

### **Tuna Filets**

medallions of boneless tuna sauteed  
in a raspberry vinaigrette reduction.  
. . . \$ 12.99

### **Herb Crusted Cod**

Panko bread crumbs and herbs  
topped and baked till golden brown.  
. . . \$ 13.99

## **Steaks**

**Top Sirloin Steak (8oz)** . . . \$ 12.99

**Delmonico Steak (Ribeye)** . . . . . \$ 14.99

**Petite Filet (6 oz.)** . . . . . \$ 14.99

**Beef Burgundy** . . . \$ 12.99

Tips of shoulder filet in a burgundy  
mushroom sauce over noodles.

## **Chicken**

**Chicken & Spinach Linguini** . . . . \$ 12.99 *Includes soup, salad and bread bar only*

chicken strips sautéed in garlic, tomatoes and spinach served over linguini with romano cheese.

### **Chicken Cordon Bleu**

stuffed with ham and swiss cheese, baked with a crumb topping, topped with gravy . . . \$ 12.99

**Chicken Stir Fry** . . . \$ 12.99 *Includes soup, salad and bread bar only*

Sautéed chicken and vegetable blend served over white rice.

**Choice of Sauces:** Teriyaki or Garlic Herb

# A touch of Italy

*These dinners come complete with one side, soup, salad and bread bar.*

## **Beef Braciolo 12.99**

rolled beef with three cheeses and simmered in a roasted garlic tomato sauce

## **Medallions of Beef 14.99**

twin petite filets with mushroom caps and Bearnaise sauce

## **Meatballs Parisienne 11.99**

our in-house recipe gives these extra large meatballs a true italian flavor

## **Tuscan Pork Ribeye 12.99**

super tender and moist with a special blend of spices that is a Tuscan favorite

## **Crab Stuffed Portobello 12.99**

a special recipe crab imperial, the distinct rich flavor of the portobello mushroom and clarified butter make this a baked dish to remember

## **Garlic Shrimp Alfredo 12.99**

all the richness of a traditional Alfredo sauce with a taste that is true *Italy*

## **Linguini with white clam sauce 10.99 add shrimp 13.99**

sometimes the simple, delicious meals are the ones we remember the most

## **Manicotti with garlic and basil marinara 10.99**

it's all about the cheese and sauce and this dish has the best of both

## **Penne Romano 10.99**

unique to "The Heritage", sauteed fresh spinach, garlic, portobello mushrooms in olive oil combined with penne pasta, shredded parmesan cheese and a secret blend of spices makes this a superb change for a dinner meal

## **Mozzarella Chicken 11.99**

medallions of chicken sauteed in garlic butter, covered with marinara sauce combined with fresh basil, all topped with melted fresh mozzarella

## **Savory Grilled Chicken 10.99**

our own blend of spices along with our special grilling process makes this a chicken dish you will keep returning for

## *SOUPS, SALADS AND SIDE DISHES*

**SOUPS** ASK ABOUT TODAY'S SELECTIONS ALSO CUP . . . \$ 2.45 BLACK BOWL . . . \$ 3.25 LARGE BOWL . . \$ 3.95  
CREAM OF TOMATO, NEW ENGLAND CLAM CHOWDER, DUCHESS CHEESE SOUP and CHILI

***BAKED FRENCH ONION SOUP*** . . . \$ 4.99

***LARGE SIDE SALADS*** . . . 2.75 CHOICE OF TOSSED, CAESAR OR SPINACH (MANDARIN, RED PEPPERS, SUNFLOWER)

### *BREAD OPTIONS*

CIABATTA ROLL . . . 1.25 CROISSANT . . . 1.25 FRENCH ROLL . . . 1.25 COUNTRY ROLL . . . 1.25

SNOWFLAKE DINNER ROLL . . . .75 GRAIN DINNER ROLL . . . .75

SOURDOUGH OR WHEATBERRY BREAD . . . .85 PER SLICE

## *Side Dishes* . . . \$ 2.15

Baked Potato (Idaho or Sweet)  
Mashed Potatoes  
French Fries  
Scalloped Potatoes  
Baked Macaroni & Cheese  
Sweet Potato Fries

Stewed Tomatoes  
Buttered Corn  
Green Beans  
Broccoli Florets  
Glazed Carrots  
Fried Eggplant  
Creamed Spinach

Spaghetti  
Linguine  
Buttered Noodles

Tossed Salad  
Cole Slaw  
Applesauce

### *Salad Dressings*

Balsamic Vinaigrette  
Blue Cheese  
Caesar  
French  
Honey Mustard  
Ranch  
Thousand Island  
Lite Raspberry Vinaigrette  
Creamy Italian  
Lite Italian  
House (sweet celery seed)  
Sun-dried Tomato Vinaigrette  
Lime Cilantro Vinaigrette  
Caribbean Mango

**QUICK & SIMPLE DINNER** available after 4 pm no substitutions

*Chopped Sirloin, gravy, mashed and green beans ... 6.99*

## **Old Fashioned Favorites**

**Turkey Pie** . . . \$ 8.99

Turkey, potatoes and vegetables baked in a pie crust with a lid and served with 1 side.

**Bowl of Soup & Apple Dumpling ala mode** . . . \$ 7.99

*The following dinners available in two portion sizes*

**Stuffed Peppers** . . . \$ 6.99\*

**Roast Turkey** over stuffing with gravy . . . \$ 8.99\*

**Chopped Sirloin** with onions and gravy . . . \$ 8.99\*

**Meatloaf** with gravy . . . \$ 7.99\*

**Liver & Onions** with gravy . . . \$ 7.99\*

**Baked Ham** with honey & brown sugar glaze . . . \$ 8.99\*

**Old Fashioned Beef Roast** with gravy . . . \$ 9.99\*

**Veal Patty Parmesan** . . . \$ 8.99\*

**Twin Crab Cakes** (*sauteed or breaded*) . . . \$ 10.99\*

**Fried Eggplant Parmesan** . . . \$ 7.99\*

**Chicken Parmesan** . . . \$ 9.99\*

**Broiled Whitefish**. . . \$ 9.99\*

**Breaded Chicken Tenders with gravy**. . . \$ 8.99\*

*Above entrees include two sides or one trip salad bar and one side*

*\*AVAILABLE IN LARGER PORTION FOR \$3.00 EXTRA*

# ***SALAD BAR***

available 11 am - 8 pm *beverage not included*  
All You Can Eat including soup and bread bar . . . \$ 8.99

**LUNCH SPECIAL** *MONDAY THRU FRIDAY 11-2 PM . . . \$ 7.99*

Monday thru Thursday Buffet available 4:30 pm – 8 pm

## **40 Item Buffet**

**Adults \$ 12.99 with dessert \$ 14.99**

Ages 11-17 \$ 10.99 with dessert \$ 12.99

children 10 under \$ .75 per year

**ONE PLATE OPTION \$ 10.99 with dessert \$ 12.99**

Varieties of fish, beef, pork, chicken and Italian items plus hot vegetables  
plus Soup, Salad & Bread Bar, Beverage

Fridays & Saturday Buffet available 4:30 pm – 8 pm

## **Prime Rib & Seafood Buffet**

**Adults \$ 21.99 ONE PLATE OPTION \$ 16.99**

Ages 11-17 \$ 15.99 children 10 under \$ 1.00 per year

**Steamed Clams, Snow Crab Legs, Prime Rib, Steaks along with  
varieties of fish, seafood, beef, pork, chicken and Italian items  
plus all you can eat Soup, Salad & Bread Bar, Dessert Buffet, Beverage**

### **Buffet Policy**

You are welcome to enjoy all you can eat while dining with us, but no takeouts are permitted.

\*At least one adult must accompany children to the buffet.